

Physical Education and Sports Policy



Hucknall National

C of E

Primary School

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Vision

At Hucknall National Primary School our school motto is 'Growing together in learning, love and faith'. Our Physical Education curriculum is linked to all four areas of our curriculum vision quadrant:

Academic Study - [To develop intellectual knowledge, skills understanding and curiosity.](#)

Wellbeing Provision - [To develop physical, social and emotional health.](#)

The Enrichment and Entitlement - [To provide equal access to a range of opportunities and experiences. To develop an understanding of themselves and the wider world.](#)

Christian Distinctiveness – [To develop spirituality and faith.](#)

Our twelve Christian values, along with the School Games values, help to underpin the Physical Education and School Sport at Hucknall National C of E Primary School.

The Journey

Hucknall National Primary School has been a member of the Ashfield School Games Partnership since 2012. This partnership has allowed the P.E. leaders access to specialist knowledge from the School Games Organisers. Also, it has brought opportunities for teachers to access CPD in different sports. In addition to this, being a member of this partnership has allowed the school to access high quality inclusive sporting competitions including A, B and C team events.

Hucknall National employs a P.E. coach who offers professional development training for staff to improve the quality of P.E. teaching across the school. This specialised knowledge allows children to make rapid progress in P.E. lessons, thereby allowing each child to reach their full potential. The P.E. coach also works alongside the current P.E. co-ordinator to develop P.E. assessment data which enables the progress of each child to be tracked.

Intent - Concept Curriculum

Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Therefore, we enable the children to make informed choices about physical activity throughout their lives.

At Hucknall National C of E Primary our physical education aims:

- To develop the children's enjoyment of physical education through creativity and imagination.
- To enable children to develop and explore physical skills with increasing control and co-ordination.
- To encourage children to work and play with others in a range of group situations.
- To develop the way in which children perform skills and apply rules and conventions for different activities.

- To increase children's ability to use what they have learnt to improve their quality and control of their performance.
- To teach children to recognise and describe how their bodies feel during exercise.
- To develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.
- To provide children with a skillset which can be used and developed throughout their lives.

Implementation

Physical education develops the children's knowledge, skills and understanding so they can perform with increasing competence and confidence in a range of physical activities. Physical education at Hucknall National is implemented on a two year cycle. The sports on offer include traditional physical education activities such as dance, gymnastics, invasion games, swimming and water safety, athletics and outdoor adventure activities. In addition to this, Hucknall National offers opportunities to participate in more unconventional sports, such as Quidditch and Nerf Wars to reach out to all children.

Planning for each activity is progressive and is based around National Curriculum objectives and ongoing assessments in order to build upon prior learning of the children.

We provide suitable learning opportunities for all children by matching the challenge of task to the abilities of the child. We achieve this through a range of strategies:

- Setting tasks of increasing difficulty where children can achieve personal bests.
- Setting common tasks that are open-ended and can have a variety of outcomes.
- Providing a range of challenge through the provision of different resources.
- Providing additional lessons that target different groups of learners such as children who are least active and children who have special educational needs.
- Providing opportunities for children to take on leadership roles through our Sports Ambassadors programme.
- Providing extra opportunities for children to learn how to swim.

Assessment and Recording

The P.E. coach will assess and record pupil's progress in P.E. using the assessment star system. These will be shared by the P.E coach with the class teacher. They will also be used to aid the selection of pupils for level 2 sports events.

The Foundation Stage

We encourage the physical development of our children in the reception classes as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals. We encourage the children to develop confidence and control of the way they move and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Cultural Capital

The school participates in a variety of different sporting competitions and fixtures against pupils from other schools throughout the year. These are through the School Games programmes as well as through membership with various sporting associations. This enables all pupils the opportunity to participate in competitive competitions. Pupils also have the opportunity to participate in inclusive events such as wheelchair basketball and Boccia. Sporting achievements are celebrated during assemblies. Match reports and School Games reports are also shared during assemblies.

<u>KS1</u>	<u>LKS2</u>	<u>UKS2</u>
<ul style="list-style-type: none"> Participation in level 2 events (A team only) 	<ul style="list-style-type: none"> Participation in level 2 events (A and B teams) 	<ul style="list-style-type: none"> Participation in level 2 events (A, B and C teams) Boys Football Team (A and B team) - Kirkby and Ashfield Football Association Girls Football Team - Kirkby and Ashfield Football Association Girls Netball Team - Kirkby and Ashfield Netball Association Residential trips –PGL – Adventurous activities Y5 Notts County Football in the Community – Move and Learn programme, which encourages physical activity, promotes nutritional education and builds awareness of the importance of a balanced diet and active lifestyle.

Extra-curricular activities

Hucknall National offers a variety of extra-curricular activities for all ages. These are planned to enhance the P.E. curriculum, allowing pupils the opportunity to broaden their experience and take part in competitive sports. The children have access to a wide variety of sports throughout the academic year as either a lunchtime or an after-school club. The focus is on participation with all children encouraged to attend practices. In the past, these have included football, basketball, netball, cheerleading, multi-sports, cricket and table tennis to name but a few.

Safeguarding in P.E. and School Sports

In all areas of P.E safety guidelines should be strictly adhered to, in order to promote safe practice and fulfil the safety requirements of the National Curriculum. Health and safety is an integral part of pupils' learning in P.E. and they are taught to recognise and take some level of responsibility for their own safety. They are taught to recognise and be aware of hazards that are present from an early age.

Only the staff member/s accompanying pupils may take photographs at school sporting events. The staff member will be aware of which pupils may have their photograph taken. Any photographs taken will be in-line with the school's safeguarding and GDPR policies.

P.E. Changing

When changing for P.E., KS1 and lower KS2 pupils will change together in their classrooms whereas boys and girls in upper KS2 will change in separate areas. Staff must be present during changing times, in both areas, to ensure children are safe at all times. After changing for P.E., children should place their school clothing into their P.E. bag.

During COVID-19 restrictions, pupils will be asked to come to school wearing their P.E. uniform. This will stop the children from needing to get changed into their P.E uniforms. It will also reduce the movement of pupils in upper key stage 2, who would usually get changed in separate areas.

School P.E. Uniform

In the interest of health and safety, appropriate kit should be worn for P.E. activities. Acceptable kit is that which presents no risk of injury to the wearer or other children and details of our policy are outlined below.

Indoor clothing

- Plain white t-shirt
- Light blue shorts
- Children must have bare feet for gymnastics unless they have medical reasons not to.

Outdoor clothing

- Plain white t-shirt
- Light blue shorts
- Navy tracksuit bottoms (in cold weather)
- Trainers
- A school jumper
- Trainers must be worn outside.



Swimming kit

- Girls – one-piece swimsuit.
- Boys – tight fitting trunks or shorts with no pockets and no longer than mid-thigh length

Parents are required to complete a Goggle Form (which can be found on the school website in the 'Letters and documents' section in the 'Parents' tab) if they would like their child to wear goggles for swimming sessions.

Failure to produce appropriate kit

The reluctance of some children to produce appropriate kit should be avoided if the child understands the necessity of changing for P.E. lessons and is familiar with the timetable. Staff will encourage and support all children to meet the requirements. The staff monitor pupils not actively taking part in the lessons or not bringing their kit. In the event that a pupil is not wearing the appropriate kit, they will play the role of coach or secret stats collator. In repeated instances, parents will be informed.

All teachers must ensure that children tie long hair back; finger nails are appropriately short to prevent injury to themselves or others and personal effects including jewellery have been removed. In the event of a child being unable to remove new piercings (*less than a month*), a note **must** be made in the child's planner and the piercing safely covered by the child with tape or a plaster (which is provided by the parent/carer).

Staff Dress

It is expected that teachers change for P.E, or come to school dressed appropriately, for the safe delivery of a P.E. lesson. This should include suitable footwear.

Accident Procedure

For school-based activities, staff should follow the guidelines in the Health and Safety Policy. Risk assessments, which are sport specific, are in place. These are shared with and inspected by the Health and Safety Governor.

For offsite activities, staff must familiarise themselves with the individual facility procedures. Risk assessments must be in place for any off site visits. For swimming sessions, all staff should familiarise themselves with pool procedures, e.g. the fire and drown alarm. They must know the location of rescue and survival equipment and have the ability to use an emergency drill. There should be frequent practices involving the pupils.

Equal Opportunities and Inclusion

Working towards equal opportunities requires that teachers should treat all pupils as individuals with their own abilities, difficulties and attitudes, as stated in the school inclusion policy. Pupils will have their own individual gifts to contribute, which can be used to enrich the experience of others. The overriding aim should always be to create an environment in which, from the earliest age, pupils and their teachers learn to respect each other. The P.E. curriculum should enable all children to benefit. There will be no barriers to access opportunity based on race, sex, religion, ethnic group, culture or ability. Consideration will be given to those with special educational needs, whether they have disabilities or a particular talent. The action necessary to respond to an individual's requirements for curriculum access will be met through greater differentiation of tasks and materials.

The Learning Environment

At Hucknall National, we have plenty of areas around school that are used for P.E. lessons and extra-curricular activities: two playgrounds, the barn, two halls and extensive grass areas. There are several noticeboards around school that are used to display information regarding the P.E. curriculum, current competitions, events and external club links. After school club letters are given out to children periodically.

Sports Day / Intra-school Sports

Mr Collins, with the help of the Sports Ambassadors, organise the annual Sports Day in which all children compete in a variety of team events and traditional races. The Sports Day is run with a competitive and supporting theme where the children race in colours, which represent their house teams.

The Sports Ambassadors also organise and deliver the extra activities at lunchtimes to their peers. These activities rotate every half term and focus on participations as well as having competitive elements to them.

For Early Years pupils, Mr Collins and the Sports Ambassadors organise and run a potted sports afternoon. Pupils have the chance to complete different physical challenges, which usually have a scoring element. The potted sports afternoon usually follows a theme. Over the last two years, the themes have been Pirates and Super Mario.

Teacher subject knowledge/CPD

All staff should take part in professional development to ensure secure subject knowledge, awareness of health and safety procedures and up to date knowledge. Staff should be comfortable and competent in the area of activity being taught. Staff should indicate where they feel they need support so that appropriate support can be given by either the subject leader, the P.E. Adviser or through INSET. To support this, there are termly Ashfield School Games meetings which are attended by the P.E. co-ordinator and Karen Jenner (staff link governors and School Games co-ordinator). Staff are asked to fill in a P.E. subject knowledge questionnaire. The responses are then analysed by the P.E. co-ordinator and appropriate CPD is given through three team teaching sessions alongside the P.E. coach.

Leadership and Management Roles

The Governors at Hucknall National C of E Primary School know about the current and projected expenditure of the Sport Premium funding via Governors' meetings and emails with the subject leader and also through the school website. Governors will regularly scrutinise current and projected expenditure with the headteacher and understand the impact the grant is expected to make.

The headteacher will actively support and encourage staff by praising good practice and supporting staff development and resources, including extra-curricular activities. She will:

- Regularly share current and projected expenditure with governors and discuss the impact the grant is expected to make
- Aim for high teaching competency across the school
- Designate a member of staff to lead the subject

The P.E. subject leader will:

- Work closely with the employed sports coach to produce flexible schemes of work, with lesson ideas to support colleagues in all aspects of the curriculum

- Monitor the teaching and learning of P.E. within the school
- Keep up to date with new developments and inform staff
- Audit staff performance to determine appropriate and targeted training
- Aim for excellent teaching competency across the school
- Ensure that P.E. resources are available and appropriate to the needs of the staff
- Audit resources regularly and take overall responsibility for equipment and resources
- Ensure that all pupils have the opportunity to become involved in extra-curricular clubs to further develop skills and talents and will monitor attendance at after school clubs to ensure there is an inclusive offer which is accessible to all pupils
- Ensure that P.E. maintains a high profile within the school, through displays etc.
- Assist with recording keeping and assessment of the subject.
- Present information detailing the current and projected expenditure and impact of the Sport Premium monies published on the school website
- Regularly share current and projected outcomes with pupils, parents, staff and senior leaders including governors
- Informally observe P.E. lessons to compile a picture of teaching competency across the school
- Contact local sports clubs to establish new community links with the school

Teachers should:

- Communicate high expectations, enthusiasm and passion about P.E. to pupils and challenge their thinking and act as a good role model.
- Have a high level of confidence and expertise both in terms of their up to date specialist knowledge and their understanding of effective learning in P.E. As a result, they should employ a very wide range of resources and teaching strategies to stimulate pupils' active participation in their learning. This enables pupils to explain their ideas and concepts clearly and apply them with confidence.
- Plan for opportunities for pupils to develop and demonstrate their initiative and independence and take responsibility for their learning. Lessons should be thoughtfully planned and secure outstanding progress across all aspects of P.E.

Impact

The combination of well-taught P.E. lessons, the opportunity to participate in a variety of school sports competitions (both intra and inter-school competition) and the encouragement to keep physically active combine to create a strong foundation for every child's health and well-being as they move through Hucknall National.

In P.E. lessons, pupils enjoy the thematic approach and confidently talk about the skills they have learnt and can demonstrate them. They showcase our school values as well as the School Games values when participating in competitive sports. They can talk about the ways they lead a healthy lifestyle and share their favourite ways to be active. Some of our upper Key Stage 2 pupils are able to share experiences of how they have taken on leadership roles through the Sports Ambassador Programme and worked with other children to inspire them to achieve their best or encouraged them to be physically active.



By the time they leave Hucknall National, pupils will have a clear understanding of how to work as part of a team, how to apply a wide range of skills to game situations, how to lead and inspire others and how they can follow a healthy lifestyle.

The impact of the P.E. curriculum is measured by teacher assessment using a star system, alongside pupil voice and learning walks to ensure the curriculum is being delivered to a high standard.

Review

This Physical Education and Sports Policy was formally adopted by Hucknall National C of E Primary School in July 2021

Chair of Governors: J.BREEDON

Headteacher: S. BARRATT

Subject Leader: N. MURRAY

This policy is to be reviewed every two years and modified as necessary.

Review Date: July 2023