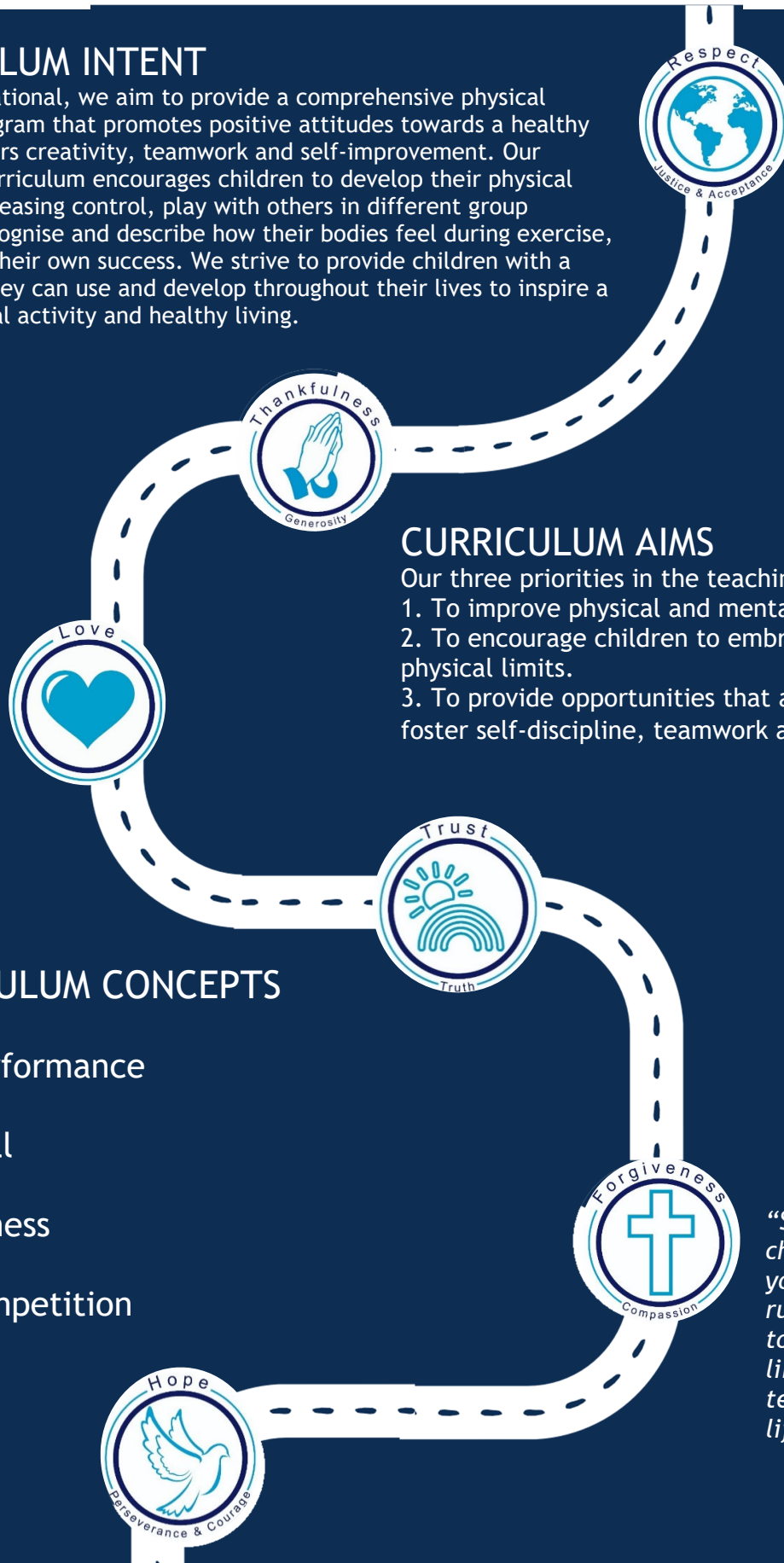




PHYSICAL EDUCATION INTENT

CURRICULUM INTENT

At Hucknall National, we aim to provide a comprehensive physical education program that promotes positive attitudes towards a healthy lifestyle, fosters creativity, teamwork and self-improvement. Our progressive curriculum encourages children to develop their physical skills with increasing control, play with others in different group situations, recognise and describe how their bodies feel during exercise, and evaluate their own success. We strive to provide children with a skillset that they can use and develop throughout their lives to inspire a love of physical activity and healthy living.



CURRICULUM AIMS

Our three priorities in the teaching of PE are:

1. To improve physical and mental wellbeing.
2. To encourage children to embrace and extend their physical limits.
3. To provide opportunities that are inclusive and foster self-discipline, teamwork and leadership skills.

CURRICULUM CONCEPTS



Performance



Skill



Fitness



Competition

“Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose-it teaches you about life.”

Billie Jean King